

Theory of Change

If	Then	Because
Leaders from underserved communities receive structured training in time management, goal-setting, and productivity	They will apply these strategies to daily leadership tasks	They acquire practical tools and actionable methods
Leaders develop focus, planning, and delegation skills	They will achieve higher efficiency and effectiveness	Structured approaches improve decision-making and impact
Leaders practice reflection, renewal, and accountability	They will sustain personal productivity and prevent burnout	Balanced routines support long-term resilience
Leaders share knowledge with peers and community members	Community initiatives will improve in effectiveness	Empowered leaders multiply their impact across the community

Logic Model

Inputs	Activities	Outputs	Short-Term Outcomes	Long-Term Impacts
Trainers, curriculum, workbooks, digital tools	Workshops on time management, goal-setting, and productivity	Participant action plans	Improved planning, prioritization, and focus	Leaders consistently achieve personal and community goals
Mentorship and peer networks	Individual and group coaching, accountability sessions	Time logs, priority maps, goal-tracking reports	Enhanced leadership and delegation skills	Sustainable community initiatives led by trained leaders
Community partnerships	Reflection exercises, balance and renewal practices	Balanced weekly schedules	Reduced stress and increased resilience	Replicable leadership model across underserved communities
Evaluation tools	Follow-up assessments and feedback	Assessment reports	Measurable improvements in productivity and leadership performance	Communities benefit from more effective, empowered leaders

Summary

This program addresses the **critical gaps in leadership within underserved communities** by focusing on **time mastery, purposeful planning, and productivity skills**. Participants will gain actionable knowledge, tools, and support systems that enable them to **lead effectively, manage tasks efficiently, and sustain high performance**. The program ensures long-term

community impact by promoting **peer learning, mentorship, and accountability**, creating a ripple effect of empowered leadership throughout underserved communities.